

'55 '56 '57 Revolution Review



August 2012
Volume IV Issue 12

T5R August Events

August is upon us and with it are some really fun summer events we will be attending.

August 4th is the monthly In N Out Cruise in Poway for those who are in the mood for a quick cruise, a yummy lunch, and a great couple of hours to spend with friends.

The Big Bear Fun Run that we have been waiting a year to attend will be on August 10th though the 12th. Revolutionaries plan to start our caravan a day early on Thursday August 9th. Our fearless leaders Wayne and Linda plan for us to meet 10 a.m. at the Park & Ride at Hwy 76 (Pala Road) and I-15. From there we can work our way north to pick up the Goldbergs and stop halfway for lunch. We then will cruise on into Big Bear, arriving at the Motel 6 (except Rod & Nancy who have their own private cabin) around check-in time, probably between 2 & 3 p.m.

Sam and Donna won't be joining us at this event, they are off again to Hot August Nights in Reno - the nomad won't be ready but they can still spend time with family and friends.

August 26th is the Classic Chevys of San Diego Picnic by the Bay. Most of us are bi-clubular members and will be working the event. This is a great place to be on a warm summer day.

Last but not least sometime next month (hopefully a date we can all attend) we will be celebrating our 4th anniversary/birthday.

The Harveys have volunteered to host this potluck party at their new home. We can discuss this at the August 16th meeting.

Upcoming Events

- 8/4 CNC 12th Annual Park in the Park Car Show - Clairemont
- 8/4** **In-N-Out Burger** - Poway
- 8/5 23rd Annual Vista Rod Run - Vista
- 8/5 Long Beach Swapmeet
- 8/11 Running with the Norseman - Valhalla High School
- 8/10 -12** **Big Bear Fun Run** - Big Bear Lake
- 8/12 Pomona Swapmeet
- 8/16** **T5R Get Together** - Coco's, Poway - Hartwig
- 8/21** **T5R 4th Anniversary**
- 8/25 CR&C Classic Car Show - Spring Valley
- 8/26** **CCSD Picnic by the Bay** - Seaport Village
- 9/?** **T5R 4th Anniversary/Birthday Party** - Ramona, TBD
- 9/1** **In-N-Out Burger** - Poway
- 9/3** **SD Cool Expo, aka Cars Swapmeet - Qualcomm**
- 9/8 Fall Annual Car Show - Tidesland Park, Coronado
- 9/8 Fiesta de Kustom Kulture - Old Town, San Diego
- 9/9 Long Beach Swapmeet
- 9/9 Greatest Show on Turf - Liberty Station
- 9/15 Back to the Bay Harbor Day Car Show - Chula Vista
- 9/20** **T5R 4th Birthday**
- 9/22 Cruisin' for a Cure - Orange County Fair
- 9/23** **San Diego Antique Drags** - Barona Raceway
- 9/29** **Antique Car Show/Chili Cookoff** - Alpine
- 10/6 Annual Picnic and "Ole Timers Reunion" - Mission Bay
- 10/6 Run to the Ranch - Ramona
- 10/12-13 Cruzzin Under the Sea Level III - Imperial Valley
- 10/14 Pal Joey's Car Show - Allied Gardens
- 10/25 All American Pow Wow - Embarcadero North, San Diego

Red Font is a club attending event

Green Font is a club supported event

For site links, information, details, event flyers visit our website at:

<http://www.tri-fiverevolution.com>

go to the calendar, click on the day of the event.

(if multiple events fall on the same day, click on the # next to the magnifying glass to see the listing of all events)



Dinner



Drive In

On Saturday July 21st 4 Tri 5 Revolution couples enjoyed a early dinner and a nostalgic night at the Santee Drive In. Not many street rods but this year their was a complete row of Cameros. A really fun group of people who even shared some birthday cake with us with a Batman theme to go along with the evenings feature movie. They also let us share their 30 thousand \$ boom box.

and
a



CRUISIN' GRAND

by Ann Goldberg

A high-spirited Tri-5 Revolutionary contingent made way to Escondido and Cruisin' Grand July 20, the insurgence spurred by Geiman Motors' (that's our very own Tom and Nancy) trophy sponsorship of the event. We enjoyed primo parking mid-street Broadway at the corner of Grand, a privilege of being friends-of-the-sponsor and a sure to be noticed position for our classics.

An area tradition, week-after-week Cruisin' Grand continues as a popular Friday night venue. It provides a good mix of great looking cars; a variety of restaurants and shops, and music. Overall, the atmosphere for a good time.

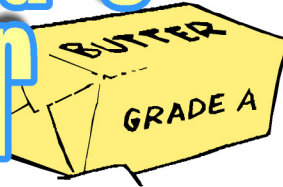
La Tapatia's Mexican food fueled our enthusiasm for an evening of cars and companionship; a delicious collection of sweet treats provided by Nancy gave us an after dinner sugar high and extra energy for hearty "woo-hoo"-ting at each Geiman Motors' mention by the announcer.

The highlight of our evening, Nancy's awarding the Sponsors Choice trophy to Bob and Ava and their Project! Mark your calendars Revolutionaries. We're slated for a return to Grand for the last cruise of the season when the year's weekly winners are showcased.





Claudia's Corner



Pass The Butter... Please

America's #1 Outdoor Grill ---Priceless

from Ann Goldberg

Margarine was originally manufactured to fatten turkeys. When it killed the turkeys, the people who had put all the money into the research wanted a payback so they put their heads together to figure out what to do with this product to get their moneyback. It was a white substance with no food appeal so they added the yellow coloring and sold it to people to use in place of butter. How do you like it?

Do you know the difference between margarine and butter?

Both have the same amount of calories.

Butter is slightly higher in saturated fats at 8 grams; compared to 5 grams for margarine.

Eating margarine can increase heart disease in women by 53% over eating the same amount of butter, according to a recent Harvard Medical Study.

Eating butter increases the absorption of many other nutrients in other foods.

Butter has many nutritional benefits where margarine has a few and only because they are added!

Butter tastes much better than margarine and it can enhance the flavors of other foods.

Butter has been around for centuries where margarine has been around for less than 100 years.

And now, for Margarine..

Very High in Transfatty acids.

Tripled the risk of coronary heart disease...

Increases total cholesterol and LDL (this is the bad cholesterol) and lowers HDL cholesterol, (the good cholesterol)

Increases the risk of cancers up to five times.

Lowers quality of breast milk

Decreases immune response.

Decreases insulin response.

And here's the most disturbing fact... HERE IS THE PART THAT IS VERY INTERESTING!

Margarine is ONE MOLECULE away from being PLASTIC and shares 27 ingredients with PAINT. These facts alone were enough to have me avoiding margarine for life and anything else that is hydrogenated (this means hydrogen is added, changing the molecular structure of the substance).

Open a tub of margarine and leave it open in your garage or shaded area. Within a couple of days you will notice a couple of things:

*No flies, not even those pesky fruit flies will go near it (that should tell you something)

* It does not rot or smell differently because it has no nutritional value; nothing will grow on it. Even those teeny weeny micro organisms will not find a home to grow.

Why? Because it is nearly plastic. Would you melt your Tupperware and spread that on your toast?



In-N-Out Burger Run

July 7th



Award Winner



Bob & a rare picture of Ava,
thanks to Bob Brown



Sam & Donna's new Vette



Congratulations Bob Brown
July Winner, again!

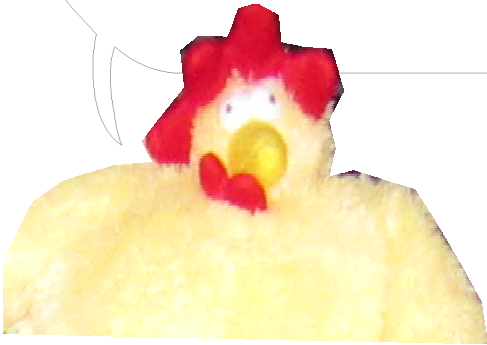


Always a fun event
with lots of cars

Further Adventures of Stanley

We went to see the ventriloquist Jeff Dunham, and even got to meet him. I had to lay low in the purse -- didn't want to upset his dolls.

My guardians went to the Chicken Pie Diner and used their winning certificate -- they didn't take me -- didn't want to upset me.



SAM IS STILL GRINDING AND CHIPPING AWAY THE GUNK FROM UNDER HIS NOMAD. ISN'T IT GREAT TO BE RETIRED!



photos submitted by Debbie Spirkoff



The Kitchen "Scoop" on Lemonade

by Ann Goldberg

Back when our Tri-5's were new, lemonade was a simple pleasure. The best of each summer came from my Grandmother's kitchen, enjoyed by the family gathered in her backyard for our annual picnic and served from a cut glass pitcher crafted by her husband's grandfather.

I clearly remember Mim pushing the back screen door open with her shoulder and coming down the steps, pitcher in hand, silver curls pinned in place, wearing a "good" day dress and her beige canvas "summer" lace-up heeled shoes. We'd all be gathered in the shade of the tall blue spruce, seated at long tables on folding chairs borrowed by Grandpa Bert from the Presbyterian Church downtown and picked up in their 1955 blue 2-door 210.

In those days lemonade was simply freshly squeezed lemon juice, sugar and water mixed in a pitcher with ice cubes added. Today there are numerous variations:

- Dissolve the sugar in hot water then cool the mixture before proceeding (Paul Deen).
- Add grated lemon peel when making a simple syrup as the base of your lemonade (Emeril Lagasse).
- Sweeten your simply syrup with a combination of honey and sugar and steep with the ""seeds scraped from a vanilla bean (Rachel Ray).
- Add a pinch of salt to enhance the flavor.
- Replace still water with carbonated.

Whichever method you choose, don't let the summer pass by without letting yourself enjoy at least one glass of tart-sweet lemonade on a sunny day.



Congratulations JD and Dana Stevens winners of the "Paying Attention to Detail Award" at the Streetrodder 2012 Road Tour #1. Go to <http://tour.streetrodderweb.com/2012/06/21/surf-city-garage-attention-detail-award-vintage-air-tour/> to see a video of them and their nomad being interviewed after the win.



Get Well Wishes

to Classic friend Pat Knutson. She was recently diagnosed with lung cancer and will soon be undergoing chemotherapy. We wish her all the best for a very speedy recovery.

T5R



T5R UPCOMING



Big Bear Fun Run

August 10 - 12, 2012

Members will be leaving on Thursday
the 9th contact Wayne and Linda
for more caravan details

Hot August Nights

August 8 - 11

Reno, Nevada

<http://www.hotaugustnights.net/>



Next T5R

Get Together

Thursday - August 16, 2012

Coco's in Poway

<http://www.cocosbakery.com/locations.php?state=ca#>

arrive around 6:00pm for dinner

In-N-Out Burger Cruise

Sat. August 4th, 2012

11:00am - 2pm

Scripps Poway Parkway



4th T5R

Anniversary/Birthday Party

Potluck at the Harvery's New Home

Date and time TBD

CCSD Picnic by the Bay

August 26, 2012

<http://clubs.hemmings.com/classicchevyssd/?club=classicchevyssd>

Alpine

Show & Shine

Car Show/Chili Cook-off

Saturday - Sept. 29, 2012

<http://www.socalcarculture.com/Images/092912Alpine.pdf>

San Diego Cool Expo

Monday - Sept. 3, 2012

Qualcomm Stadium - 7am to 2pm

T5R Lunch after for anyone who is
interested around 11:30am

<http://www.sandiegoautoswap.com/>

Go to www.Tri-FiveRevolution.com for more details



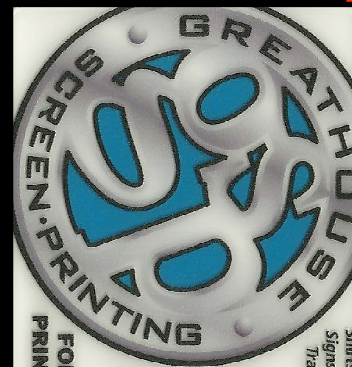
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Summer

All members and Classic friends are welcome to submit a business card.



Contact Us At

club@tri-fiverevolution.com

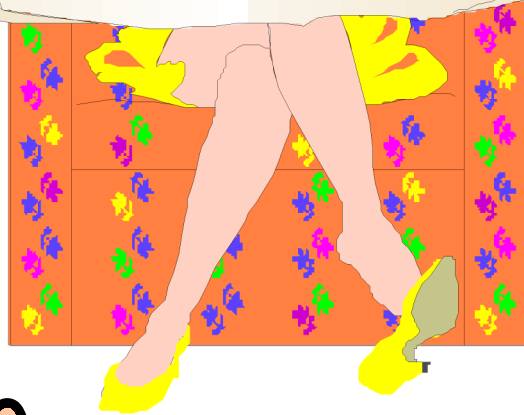
Happy Birthday



Linda Holton 8123

Newsletter

Newsletter submissions
due by the
25th of each month
Send articles to
Ava Bishop at
ava@tri-fiverevolution.com



Anniversaries

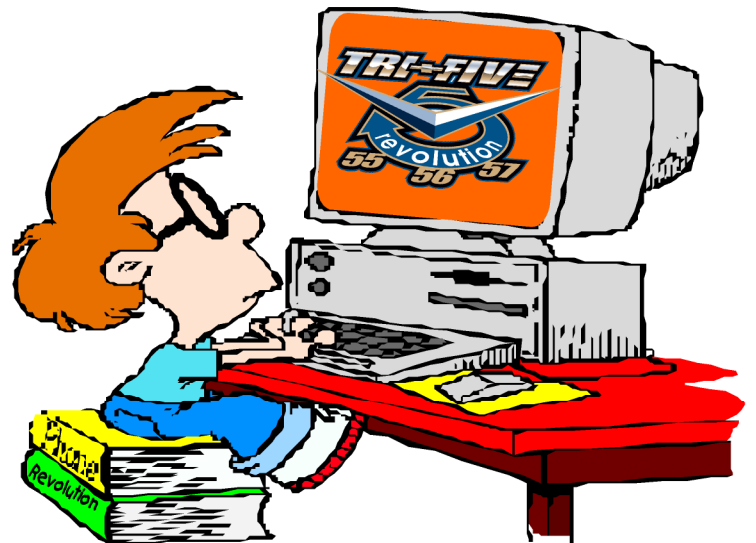


Pat & Mike Harvey 812



Ann & Harvey Goldberg 8117

Tri-Five Online



www.Tri-FiveRevolution.com

Happy 4th Anniversary T5R

August 21st



Please let me know if I missed your special day, Ava