CEVOLUSION REVIEW January 2010

Volume II Issue 5

Back County Cruise

Back County County

By Ann & Harvey Goldberg

Many thanks to Ava and Bob for providing T5R'ers and friends with a great start to 2010 with a wonderful New Year's Day event. First we enjoyed a delicious buffet of treats at the Bishops' home — a chance to wish each other the best for the year to come, catch up on holiday happenings and enjoy great finger food, energy for the cruise ahead. Then Bob and Ava led our group of seven cars along Historic Route 80 and other San Diego county back country roads, letting us enjoy rural settings and small towns most of us rarely get to see. It was the perfect day for a drive — sunny and warm. Sharing our great idea of getting out into the world, a surprising number of bicyclists riding the country hills, a group of Mustang drivers as well as a couple of large groups of motorcycle riders. We finished our day together with a delicious Italian lunch at Bongiovanni's Restaurant accompanied by a lot more good conversation.







New Years Day Gruise By Bob Brown



Jan 1, 2010, a beautiful day for a Chevy fun run on New Year's Day. We meet up at Bob & Ava Bishop's for some pre-run snacks.



Mike & Pat's 55 Nomad. Hillside parking at Bob & Ava's provide a good test for parking brakes.





On the road heading for the back country. Bob & Ava lead the run with Mike & Pat close behind.



Liz sort of leaned into the back seat to get this shot of Lynn & Sandy Mayer.



Mike's 55 Nomad leans into a curve.



Entering the little town or village of Descanso.



Pit stop near Cameron Corner. Everything you need except a place to pit..well, there were 3 porta-potties available--always a popular choice for the ladies.





Bob stopped the group near an outcropping of rocks located on old Camp Lockett, a WW II Mexican border calvary post established in 1941. Later it housed Italian prisoners of war. Looks like Ava is a bit tardy catching up with the group.



Nice thumb Sandy..the proper sequence is, remove hand, shut door. :^)



Donna & Sam pose for an adoring crowd..



Mike and Ann decided to view the little monument from afar.



Back on the road and heading for lunch, we do a little "fly-by" photo session



Trying to get a nice shot of Donna & Sam blocks the view.. oh well.



Harvey pulls the same blocking maneuver on Ann.



Our fearless leader Bob also uses the blocking maneuver



That blue masking tape wrap is a real trend setter. I think I will steer clear of his hmo.



Plenty of great parking at the pizza place. Harvey took off his bra for a photo...hmm, wonder how that will sound when looking back in a few years?



The crowd at Bongiovanni's Italian Restaurant. Good food! Thanks to Bob & Ava for putting together a fun day.



On our way home from the restaurant, we stopped in Flinn Springs with the Mayers for a photo session.



Mike's Musings

First off, I would like to thank Bob and Ava for a great time on New Year's Day. It was great to be back on the road again. It was a good crowd also, seven cars — nice showing. We missed the Footes and the Hartwigs, but we have lots of things coming up so we can catch up.

Secondly I would like to thank Ron and Annette for the insight they have shared with us in 2009. They quite literally have changed the way of thinking about "things". In our kitchen Pat has a plaque over her desk stating "THE MOST IMPORTANT THINGS IN LIFE AREN'T THINGS". That's true, but that doesn't mean that you don't get to ignore "things" you still have to deal with them. So here is how the Foote's (and now the Harveys) deal with "things".

It's called the "FOR NOW PLACE" and it has proved to be quite effective. It can be used for that "thing" in your hand that you don't know what to do with or where to put it, the answer, put it in the "for now place" and by doing thus it affords you the opportunity to not only forget where you put it but also the opportunity to forget you even have it. GREAT IDEA!!!!!!!

I would like to think that I have taken the concept shared by Ron and Annette and improved on it, at least it works for me. I can now take thoughts, ideas, and especially things that I don't even want to deal with and quite literally put them in my own "FOR NOW PLACE". I'm not suggesting that this will work for everyone, but it is certainly worth a try. I would be interested in knowing if this helps anyone, so if we have any success stories, please share them. If it ends up in total failure, no need to share, just put it in the "FOR NOW PLACE" and it will be soon forgotten.

Be safe,

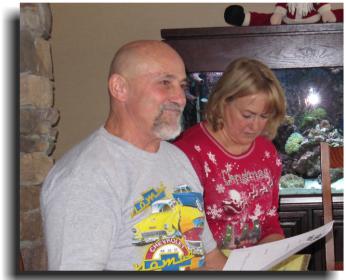
Mike Harvey





Tri-Five members
cruised to
Ramona on
December 13th
to celebrate
Christmas.

Really good food, gifts galore, great people, lots of laughs, all in all just a really wonderful evening. Thank you Sam and Donna for welcoming us into your beautiful home for the holidays.











For all of you who have stuff to donate for the rummage sale, just let us know and we will pick it up at our convenience at the place of your choice. We have the pickup and we will have a trailer next week. We have made arrangements with the Geimans for next week so just let us know and we'll get it done.

Thanks for the help!

Mike, Pat, and Ally

NHRA oldes (1958-59)

Below are some links from Steve Baker that we really enjoyed, you might want to take a look. Ava

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This comes under the heading "of interest only to a small circle of folks", featuring a glimpse of the past and the pioneers of drag racing. Quite a difference from todays races. These clips feature action at the 1958/59 NHRA National in Detroit, Michigan. There are shots of George Montgomery, The "Sidewinder", the "Dragmaster" Art Arfons' "Green Monster" and many others in action in Detroit.

Internet Archive: Free Download: Ingenuity in Action (Part I) http://www.archive.org/details/Ingenuit1958

Internet Archive: Free Download: Ingenuity in Action (Part II) http://www.archive.org/details/Ingenuit1958 2

Upcoming Events

2010

1/9	Vista Burger Run
1/10 (Sun)T5R Get Together - Geiman	
1/10	Long Beach Swapmeet
1/10	6th Annual Motor Classic - La Jolla Cove
1/15-18	Quartzite/Cibola Trip - Bishop
1/16	Cibola T5R Bar-B-Que - Bishop
1/17	Pomona Swapmeet
1/31	Long Beach Swapmeet
2/4-7	CCI Winter Nationals - Coca Beach, Florida
2/6	7th Annual CARe Show - SJ Capistrano
2/13	Dr George Car Show - Palm Desert
2/14	Long Beach Swapmeet
2/26-28	44th Annual Big 3 Swapmeet - Bishop
3/4-7	Midnight at the Oasis - Yuma - Everyone
3/7	Pomona Swap Meet
3/14	Long Beach Swapmeet
4/11	Long Beach Swapmeet
4/9-11	Goodguys - Del Mar
4/17-18	Revolution Rendezvous - Harvey
4/25	Pomona Swapmeet
5/7-9	Streak 37 - Campland by the Bay
5/31(Mon)	SD Auto Swapmeet - Qualcomm Stadium
7/8 -11	Music City Chevy Show - Nashville, Ten
9/27-10/2 CCI Western National Convention -	
	Flagstaff - Everyone

Red Font is a club event

Visit our website at: http://www.tri-fiverevolution.com for more information, details and links to their sites.

(if multiple events fall on the same day, click on the # next to the magnifying glass to see the listing of all events)



Tri-Five Revolution Upcoming Meetings/Partys/Cruises & Events



San Juan Capistrano 2010

CARE Show

February 6th - 8am to 2pm www.capoanimalrescue.com



Next T5R Get Together

Geimans new home in Valle Center
Sunday, January 10, 2010
1:00 pm Meeting and Pot Luck
contact Nancy if you are able to attend



Big 3 Auto Parts Exchange

February 26th - 28th, 2010
Pot Luck Lunch on
Saturday the 27th 11:30am
bring your own drinks and chairs
contact Ava for potluck details
http://www.big3partsexchange.com/

1st Revolution Rendezvous

April 17 & 18, 2010

Location: Temecula

more info to follow

contact Mike with questions



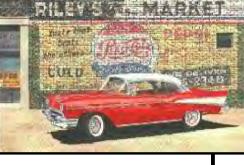
Classic Chevy Western Nationals

September 27 - October 2, 2010

Flagstaff, Arizona

Host Hotel: Radisson Woodlands Hotel

for more info contact: Mike Harvey





Midnight at the Gasis



March 5 - 7, 2010

Some members are planning to leave the 4th http://www.midnightattheoasis.net/



Words to Live By

Health:

- 1. Drink plenty of water.
- 2. Eat breakfast like a king, lunch like a prince and dinner like a beggar.
- 3. Eat more foods that grow on trees and plants and eat less manufactured food.
- 4. Live with the 3 E's -- Energy, Enthusiasm, and Empathy.
- 5. Make time to practice meditation, yoga, and prayer.
- 6. Play more games.
- 7. Read more books than you did in 2008.
- 8. Sit in silence for at least 10 minutes each day.
- 9. Sleep for 7 hours.
- 10. Take a 10-30 minutes walk every day. And while you walk, smile.

Personality:

- 11. Don't compare your life to others'. You have no idea what their journey is all about.
- 12. Don't have negative thoughts or things you cannot control. Instead invest your energy in the positive present moment.
- 13. Don't over do. Keep your limits.
- 14. Don't take yourself so seriously. No one else does.
- 15. Don't waste your precious energy on gossip.
- 16. Dream more while you are awake.
- 17. Envy is a waste of time. You already have all you need.
- 18. Forget issues of the past. Don't remind your partner with his/her mistakes of the past. That will ruin your present happiness.
- 19. Life is too short to waste time hating anyone. Don't hate others.
- 20. Make peace with your past so it won't spoil the present.
- 21. No one is in charge of your happiness except you.
- 22. Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appear and fade away like algebra class but the lessons you learn will last a lifetime.
- 23. Smile and laugh more.
- 24. You don't have to win every argument. Agree to disagree.



Should brake rotors be replaced when the pads are replaced?

The need for rotor replacement depends on the condition of the rotors. If the rotors are in relatively good condition with minimal wear, it may not even be necessary to resurface them. However, resurfacing is usually recommended to restore a flat, smooth, like-new rotor surface for the new pads. This will speed pad seating, provide the best possible friction surface, and reduce the risk of noise and pedal vibrations.

Regardless of the age or miles on your car rotor thickness should always be measured with a micrometer when the pads are replaced. As rotors wear and become thinner, they become weaker and are less able to absorb and dissipate heat. All rotors have a minimum thickness and/or discard specification that is usually stamped or cast onto the rotor. If the rotor is worn down to this specification it must be replaced. Rotors can wear unevenly. This is often due to excessive run out in the rotor, or from hard spots in the surface. Rotors can be distorted if the lug nuts are not torqued evenly. Rotors should be replaced in pairs to maintain the same thickness and wear on both sides.

Replacing the rotors can eliminate a pulsation if the problem was a bad rotor. It won't help, however, if the wobble is due to excessive run out in the hub.so run out should be checked with a dial indicator.





Revolution Recipes

from our Christmas & New Years Parties

Jose Cuervo Christmas Cookies

Here's a recipe for all you holiday chefs. Have fun and save a cookie for me. Merry Christmas to all!

Take care and HAVE A TAIL WAGGIN DAY! Donna

- 1 cup of water
- 1 tsp baking soda
- 1 cup of sugar
- 1 tsp salt
- 1 cup or brown sugar
- 4 large eggs
- 1 cup nuts
- 2 cups of dried fruit
- 1 bottle Jose Cuervo Tequila

Sample the Cuervo to check quality. Take a large bowl, Check the Cuervo again, to be sure it is of the highest quality, Pour one level cup and drink.

Turn on the electric mixer.

Beat one cup of butter In a large fluffy bowl.

Add one peastoon of sugar. Beat again.

At this point iit's best to make sure the Cuervo

is still ok, try another Cup just in case.

Turn off the mixerer thingy.

Break 2 leggs and add to the bowl and chuck

n the cup Of dried fruit.

Pick the frigging fruit off the floor.

Mix on the turner. If the fried druit gets stuck in

the beaters just pry It loose with a drewscriver.

Sample the Cuervo to check for tonsisticity.

Next, sift two cups of salt, or something.

Who geeves A sheet. Check the Jose Cuervo.

Now shift the lemon juice and strain your nuts.

Add one table. Add a spoon of sugar, or somefink.

Whatever you can Find.

Greash the oven. Turn the cake tin 360 degrees and try not to fall Over.

Don't forget to beat off the turner.

Finally, throw the bowl through the window, finish the Cose Juervo and make sure to put the stove in the wishdasher.

Cherry Mistmas!



Creamy Orange Jello

From the Kitchen of Pat Harvey

1 large pkg. orange jello (reg. or sugar free)4 containers orange yogurt2 large cans mandarin oranges

Mix jello with 3 cups boiling water, add yogart and blend, add drained mandarin oranges chill and enjoy!

Rugelach

When you want to offer your guests a little something sweet at the end of a meal rugelach, small cookie-sized pastries, are a great alternative to the usual pie or cake. This recipe comes from Barefoot Contessa Ina Garten. Ann Goldberg

Prep Time: 10 minutes Inactive Prep Time: 1hr. 30 min. Bake Time: 15 minutes

Ingredients:

8 ounces cream cheese, at room temperature

½ pound unsalted butter, at room temperature

1/4 cup granulated sugar, plus 9 tablespoons (divided use)

1/4 teaspoon kosher salt

1 teaspoon pure vanilla extract

2 cups all-purpose flour, plus more for rolling

1/4 cup light brown sugar, packed

1-1/2 teaspoons ground cinnamon

3/4 cup raisins

1 cup finely chopped walnuts

½ cup apricot preserves, pureed in a food process or beat with electric mixer

1 egg beaten with 1 tablespoon milk, for egg wash

Directions:

Add the cheese and butter to the bowl of an electric mixer fitted with the paddle attachment and beat until light. Add ¼ cup granulated sugar, the salt and vanilla. With the mixer on low speed, add the flour and mix until just combined. Dump the dough out onto a well-floured board and roll it into a ball. Cut the ball into quarters, wrap each piece in plastic wrap, and refrigerate for 1 hour.

To make the filling, combine 6 tablespoons of granulated sugar, the brown sugar, $\frac{1}{2}$ teaspoon cinnamon, the raisins and walnuts.

On a well-floured board, roll each ball of dough into a 9-inch crust. Spread the dough with 2 tablespoons apricot preserves and sprinkle with ½ cup of the filling. Press the filling lightly into the dough. Roll dough up as for cinnamon rolls, slice each into 12 pieces. Arrange the rugelach, cut side down, on a baking sheet(s) lined with parchment paper. Chill for 30 minutes.

Preheat the over to 350 degrees F.

Brush each pastry with the egg wash. Combine 3 tablespoons granulated sugar and 1 teaspoon cinnamon and sprinkle on the cookies. Bake until lightly browned, about 15-20 minutes. Remove from the oven to a wire rack and let cool. Arrange on a large platter and serve.

New Year's Resolutions for Classic Car Emilions

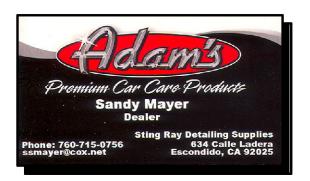
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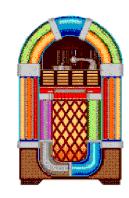
This year before you put that beautiful classic car of yours on the road for the first time, take a minute to make sure it's as road-worthy as it is magnificent looking.

- Think about your oil -- just how long has it been in the car and is it time for a change?
- What about your car's other fluids?
- This is also a good time to check the condition of your wiper blades, whether you run with wipers or have them tucked someplace out-of-the-way in the car. Is the rubber in good condition and are they in working order?
- It's also a good time to reapply Rain-X to the windshield, wipers or not.
- And, what about your tires? Few of our cars ever get enough miles put on them for tire wear, but
 what was the date of manufacture. Is their a threat of cracking or other failure due to tire age? While
 you are at it, check tire pressure, and the condition of stems and valves.











www.classicchevy.com



www.guidedogs.com









Sunday, January 10th at Tom & Nancy's new home in Valle Center, 1 pm



THE DIFFE



Newsletter submissions
due by the
25th of each month
Send articles to
Ava Bishop at
ava@tri-fiverevolution.com



www.Tri-FiveRevolution.com

Go to the calendar to check out up coming events, member status or notes and past event pictures (click on the # next to the magnifying glass to see all the pics from each event)



Pat Harvey 1128



Bob Brown 112



Bob & Ava Bishop 1129



