



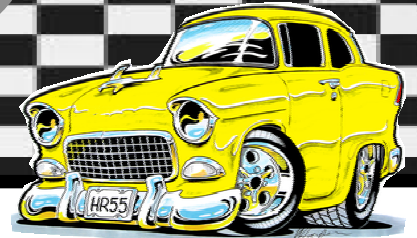
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# Revolution Review

June 2013

Volume V Issue 10



## Campland by the Bay

OTHG  
STREAK  
40



*Submitted by Wayne & Linda*

Can you believe its Mother's Day and time for the Over The Hill Gang Streak? This year OTHG celebrated forty years since the first Streak! No one actually streaks anymore. It has become more of a family event with children, grandchildren and a whole lot of puppies. Thursday morning we headed for Campland on the Bay to move our fifth-wheel trailer from the storage lot to camping space J20, next to the big white tent and the grassy area where the show cars are parked. After hooking everything up, we headed back home to get the golf car and the rest of our stuff before heading for the Thursday evening OTHG Appreciation Potluck Dinner. There, we met up with the Joe & Donna Keller and several other members of Classic Chevys of San Diego. As usual, there were a wide variety of homemade dishes including dozens of salads, baked ham, fried chicken and every type of dessert you could imagine. This year, there were lots and lots of chocolate chip cookies!



Friday started off with sunshine, mild temperatures, Mark Reynolds playing oldies and people buying raffle tickets by the yard. This year the major prizes included a wire feed welder, 700R4 transmission, 55-inch flat screen TV, iPad, and numerous other lesser value items. Once again, no one we know won any of the big prizes, but we did win four items from the general raffle.



The ladies of OTHG were again dressed up in inflatable suits. This year they called themselves "The Love Handles". They were seen numerous places around the park and they did a dance routine Saturday night before the "Heroes" played music for the dance.



On Friday evening there was the usual bonfire on the beach and a lot of great music from Mark. The weather was perfect, making for a great evening of dancing on the street by the beach.

Saturday kicked off with more sunshine and oldies music by Mark Reynolds. Tom and Nancy Geiman made the trip to join us for the day just in time for the "Poker Walk". We call it, the "Poker Golf Car Ride" because it is more fun that way. We have competed in a lot of these over the years, but never have actually won one. This year, Wayne started off by drawing two Kings and finishing with a third one to win the grand prize of \$50.00. Way cool!





There were music trivia contests for small prizes, and of course Rod won his share against worthy rival, Leon Smythe. More raffle ticket sales, a pastry bake sale, registering for next year, classics on the grass and BBQ lunch filled up the day. Wild Thang did his usual performances, shooting huge flames from the headers into the air. The Little Miss Streak and Little Mr. Hotrod contest for children aged 3 to 8 was still on the agenda as well as the trophies and a \$500 drawing from all registered car participants. Again, we did not know the winner.



After all the raffle prizes were given away, it was time for the Saturday night dance. The “Heroes” were this year’s band, singing popular tunes and enticing everyone to get out on the dance floor.



Carl’s Mother’s Day Breakfast on Sunday morning is the last event of the Streak. Carl gave a beautiful red rose to every lady in the line and breakfast to everyone. By the time breakfast was over, Campland had become a frenzy of motorhomes, trailers and cars heading for the gates. We asked for a late checkout and were able to stay until 6 p.m. As time went by, the temperature went up. By early afternoon, it was over 90 degrees, so it became more of a laid-back day.

Just before the final checkout deadline, we moved the trailer back to storage and headed out for home. It was another great weekend spent with a lot of good friends. We’re looking forward to next year!



# Stanley Reporting

## OTHG Streak 40



I got to go to my first streak! It's a car show that is a weekend event at Campland By The Bay. This was their 40th show. Over the years there has been many actual streakers-yes naked runners. I didn't see anything this year expect for myself. I didn't wear any clothes-so you could say I streaked all day Saturday. The weather was perfect. I got to pick different cars to sit on. The yellow convertible matched my feathers-and yes, I had the owners permission. The red calliope car was a little odd. I got to ride Don's low rider bicycle too. Other than strangling me once, he was actually nice to me. I tried to stop him from dropping cans and bottles into the recycle bins as I wanted to turn them in for money. I need money to get my feathers re-done at the beauty shop. I mostly sat on Rod's car while people took their pictures holding my wing as I sat on Rod's car.





# Goldie Makes a Confession

Ahh...a sunny Saturday, an opportunity to get in some much needed time on the road, classics parked all 'round, the smell of burgers and French fries and, best of all, good car friends to hang with and good conversation. Simple pleasures that make the day special. A first - Saturday - of - the - month gathering at Poway's In 'n Out Burger. It doesn't get much better than that!

Well, if you want to know the truth, in my case it did get just a little bit better. I, admittedly, enjoy flirting with the Tri-5 guys. On May 4th I got to be parked near the rough and tumble members in our Revolutionary band -- you know, the really appealing ones your Mom warns you about, they're all about ruling the road, not shiny paint -- Ava and Bob's PTSNBM and Rusty, Linda and Wayne's currently red oxide camo convertible, another project-in-progress. Good thing I'm the paint color I am and not my original Sierra Gold. Just being close to those two made me blush.

*Goldie*





# Upcoming Events



## Tri-Five Revolution Meetings, Partys, Cruises and Events

- 6/1 Crower Show & Race** - Barona Race Strip
- 6/1 In-N-Out** - Scripps Poway Parkway
- 6/2 Pomona Swapmeet
- 6/8 "Beach 'n Vettes and Classic Chevys" - Rencondo Beach
- 6/9 Long Beach Swapmeet
- 6/16 Fathers Day**
- 6/20 T5R Meeting** - Coco's Poway (Hartwig)
- 7/4 Independence Day**
- 7/6 In-N-Out** - Scripps Poway Parkway
- 7/6 Cops & Rodders Car Show** - Scottish Rite Center
- 7/14 Long Beach Swapmeet
- 7/14 Spring Fline - Santee
- 7/18 T5R Meeting** - Coco's Poway (Mayer)
- 8/4 22nd Annual Automobile Heritage Day - National City
- 8/6-11 Hot August Nights** - Reno
- 8/8 T5R Caravan to Big Bear**
- 8/9-11 Big Bear Fun Run** - Big Bear
- 8/11 Pomona Swapmeet
- 8/15 T5R Meeting** - Coco's Poway (TBD)
- 8/25 CCSD Picnic by the Bay** - Embarcadero
- 9/2 San Diego Cool Expo & Swapmeet** - Qualcomm
- 9/2 T5R After Swapmeet Lunch**
- 9/8 Long Beach Swapmeet
- 9/19 T5R Meeting** - Coco's Poway (TBD)
- 9/28 Ramona Rod Roundup - Ramona

**Red Font is a club attending event**

**Green Font is a club supported event**

Visit our website at: <http://www.tri-fiverevolution.com>

for more information, details and links to their sites.

(if multiple events fall on the same day, click on the # next to the magnifying glass to see the listing of all events)



### In-N-Out Burger Cruise

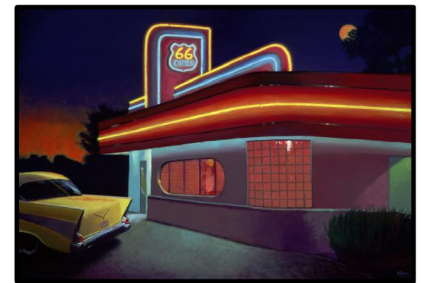
Saturday, June 1st  
11:00am - Poway

### Next T5R

### Get Together

Thursday - June 20th

Coco's in Poway  
come for dinner at 6:00pm



### Big Bear Fun Run

August 9th - 11th

T5R Caravan leaving on August 8th

<http://www.antiquecarclub.org/>

### CCSD

### Picnic by the Bay

August 25th - Seaport Village

<http://clubs.hemmings.com/classicchevyssd/?club=classicchevyssd>



Go to [www.Tri-FiveRevolution.com](http://www.Tri-FiveRevolution.com) for more details details and links



# Claudia's Corner



## Snack Away Stress With Salt

Stress affects most everyone and can cause problems at work, home and with health. Researchers have found that stress is a leading cause of illness, affecting as much as 20 percent of the population. Economic factors such as a recession have also been shown to significantly increase population-wide stress levels.

Work and home life can be a source of stress in addition to health problems. Many times people will turn to food to help them relieve stress and there is a scientific reason for this: Salty snacks actually help your body reduce stress levels.

Stress is characterized in the human body by high levels of the hormone cortisol, referred to as the "stress hormone". Scientific research has shown, both in animals and humans, that increased levels of salt consumption are very effective in reducing levels of cortisol.

Data from the U.S. National Health and Nutrition Examination Survey demonstrated that depression and stress were higher in individuals who consumed less salt, a trend more prevalent in women than men.

Whether they are called comfort foods or mood stabilizers, salty foods are incredibly effective at making people feel better and reducing heightened stress levels.

So the next time you are out on a cruise around the countryside, don't feel too guilty when you stop at the local burger joint and have some salted French Fries with your burger! You will have that 'feel good' feeling from riding around in your Classic Chevy and be less stressed about wondering if someone in the group will break down before you get home! Happy travels!



A big Tri-5 Revolution welcome to Joe and Donna Keller. They will be hanging out with us for about a year or so to see if they really want to join our little non club club.



Congratulations Dave Ward who last month joined the ranks of the retired. Wishing you all the best.



# Cool Expo Car Swapmeet

Monday, May 27 was another beautiful Memorial Day at Qualcomm Stadium. As we walked up and down the rows and rows of classic car parts we met up with ten Tri-5 Revolutionaries and a number of classic friends. Its always fun to see what everyone has been to and hear about those exciting projects.





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All members and Classic friends are welcome to submit a business card.





# Happy Birthday T5Revolutionaries



*Sandy Mayer 6/18*



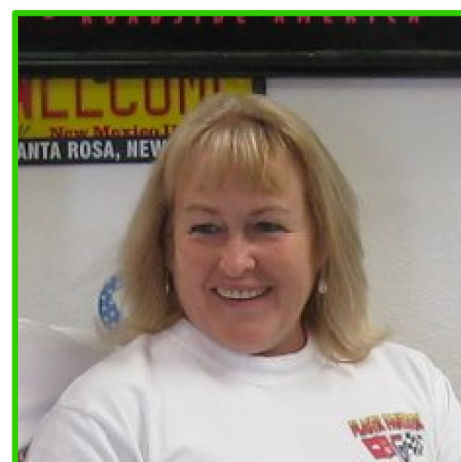
*Claudia Gayhart 6/19*



*Nancy Geiman 6/22*

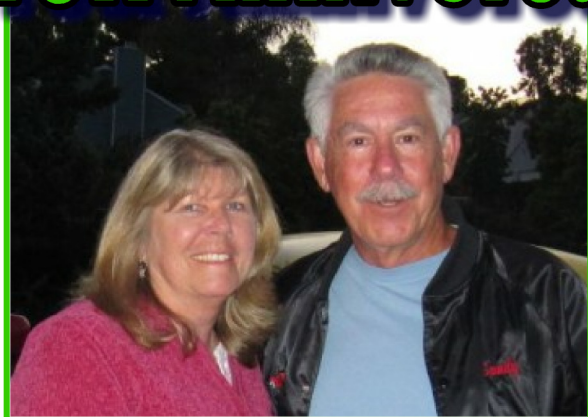


*Harvey Goldberg 6/25*



*Donna Rindskopf 6/28*

## T5R Anniversaries



*Lynn & Sandy Mayer 6/25*




*Donna & Sam Rindskopf 6/28*





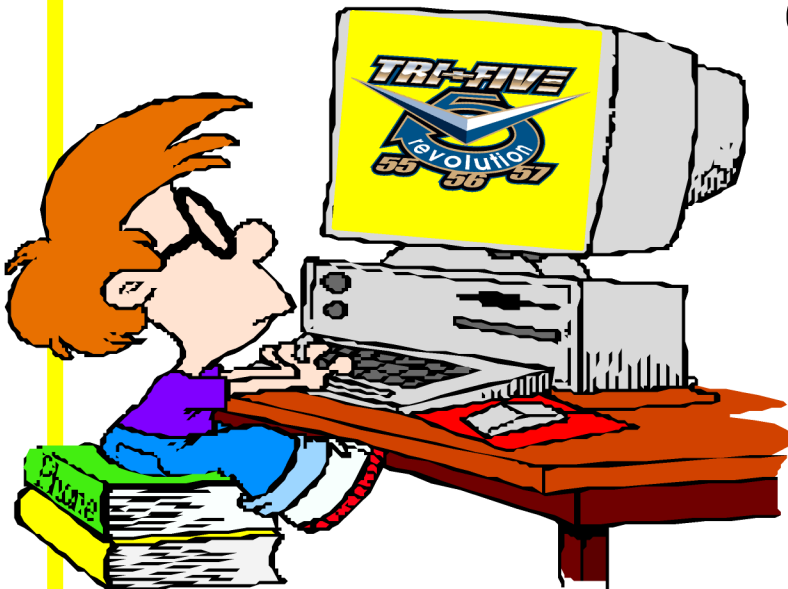
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**Newsletter**



**Newsletter submissions  
due by the  
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**Tri-Five Online**



**[www.Tri-FiveRevolution.com](http://www.Tri-FiveRevolution.com)**

Check out our calendar for past and upcoming coming events,  
to see all event pictures on a specific date (*click on the # next to  
the magnifying glass to see all the pics from each event*).

Also for your convenience past pics  
are in events and gallery.

**Happy  
Father's  
Day!**

