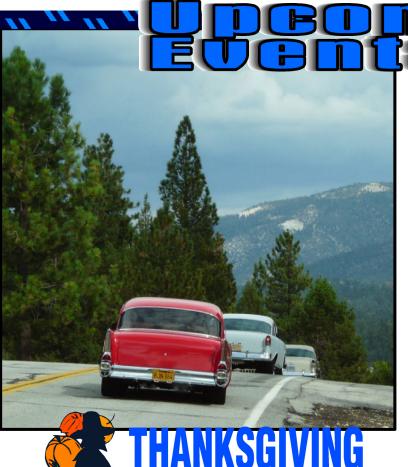
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November 2012

Volume V Issue 3



IMANASUIVING

Red Font is a club attending event

Green Font is a club supported event

For site links, information, details, event flyers visit our website at: http://www.tri-fiverevolution.com go to the calender, click on the day of the event.

(if multiple events fall on the same day, click on the # next to the magnifying glass to see the listing of all events)



11/3 In-N-Out - Poway

11/4 Daylight Savings Time ends - Fall Back

11/4 Long Beach Swapmeet

11/5 Holiday Car Show & Toy Drive - Bates Nut Farm

11/11 (obs-12) Veteran's Day

11/15 T5R Meeting - Coco's Poway

11/22 Thanksgiving

11/25 Long Beach Swapmeet

11/25 T5R Leo Carrillo Ranch Tour - Harveys

11/23-25 2nd Goodguys Fall Del Mar Nationals - Del Mar, Ca

12/1 Holiday Toy Drive - Albertsons - Alpine, Ca

12/1 In-N-Out - Poway

12/2 Pomona Swapmeet

12/8 T5R Christmas Party - Rindskopfs

12/9 Streetmasters Christmas Cruise - Torrey Pines High

12/9 Long Beach Swapmeet

12/25 Merry Christmas

2013

1/1 Happy New Year

1/2 Mail Big Bear Envelope for August 9-11 Show

1/12 26th Annual Burger Run - Vista

1/13 Pomona Swapmeet

1/17 T5R Meeting - Coco's Poway

1/17-20 Cruizin' on the River - Laughlin, Nevada

1/18 - 21 T5R Cibola/Quartzite Trip - Bishop

1/19 T5R Tri-Tip Bar-B-Que at the Bishop Ranch - Cibola, Az

1/27 Long Beach Swapmeet

2/2 Rotary-CARe Car Show - Capistrano

2/9 Dr George Car Show - Indian Wells, Ca

2/10 Long Beach Swapmeet

2/14 Valentine's Day

2/15 T5R Meeting - Coco's Poway

2/18 Presidents' Day

2/22-24 47th Annual Big 3 Auto Parts Exchange - Qualcomm

2/28 Caravan Cruise to Midnight at the Oasis

3/1-3 Midnight at the Oasis - Yuma, Az

3/3 Pomona Swapmeet

3/8-9 Spring 2013 Rod Run - Temecul

3/10 Long Beach Swapmeet

3/10 Daylight Savings Time ends - Spring forward

3/31 Easter



Sunday, the 7th, was the perfect autumn day for the California Nomad October Madness Car Show - warm, sunny, with just a light breeze. The Connell Chevrolet dealership on busy Harbor Blvd. in Costa Mesa was an equally perfect venue providing walk-in traffic to enjoy the classic cars.

Originally limited to Nomads, then all classic Chevrolets, last year October Madness opened its registration to all General Motors makes. This year, all vehicles 1976 and older, no matter the manufacturer, were welcomed. Ironically, this year's field of entrants included 12 beautiful Nomads, the most in attendance in any of the past several years. Joining them, a full gamut of other tri-5 Chevy's; two handsome Pontiac Safaris and an excellent sampling of five decades worth of classics from the '30s to the mid-'70s. Add a good deejay, a well-stocked raffle table, 50/50 drawing, a lot of trophies (a total of 28: 20 of them unranked, peer chosen plaques - one of which went to our very own Goldie, and 8 special club, charity and dealer-selected awards), a food truck and a poker walk and you have a successful day.

The car show powers-that-be have long smiled on this group of clubbers. Year-after-year their annual show has survived regardless of shifting dates and venues, a year "off" without a show, and uncooperative weather. This year the California Nomaders faced their greatest challenge yet -a dwindling, and aging, membership. With hard work by those who could and cooperation from friends and family members, they pulled it all off in great style. Next year, another hurdle. The dealership, long welcoming to club shows, has decided to host only two events in 2013 -- the Barrett-Jackson pre-auction show and a local Corvette Club's show leaving the California Nomads once again on the hunt for a home for their Madness.



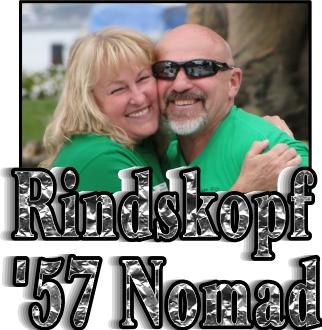












We achieved a major milestone this week, as you can see by the photos the motor and trans are in the frame, wahooooo! I am also proud to say that aside from some help from Steve Spirkoff installing the coil springs and installing the engine, I have done everything else myself.

Sam





Travels with Stanley

I went on several trips this month including the Mustang Car Show. I went to Bates Nut Farm and picked the pumpkin I wanted. The line of cars to get in was over 4 miles long. We turned around and went via the Lake Wohlford route. It was much quicker -- gee my guardians are smart! I sat on my favorite cartoon character -- Sponge Bob... I think cause he's yellow like me. I saw poor little chickens all caged up. A little boy grabbed me to pose for a photo, but it didn't turn out.

Next I went on the the Olde Highway 80 Run. There were 17 stops and it was a lot of fun. At one stop I got to pick out a watermelon. We went to a dead truck museum. They were restoring one that was neat. I climbed in an antique elevator for a picture. I didn't like that -- too much like a cage!











There were 6 cars from the "other" car club cruising together. I had my picture taken with Smitty, the president of that club. Does that make me bi-club-ular? They didn't understand me, and asked "what's with the chicken?" I told 'em to check out the Tri-5 web site.

Later, Stanley





TERESCHIEDES PARKY

TER BUTTING

The TFR will be viewing the Leo Carrillo Ranch Historic Park on Sunday the 25th of November. We will be meeting up in the parking lot at 11:30 with the guided tour starting at 12:00 from the same area. The park is located east of Hwy 5 and west of Hwy. 78. From Hwy 5 take the Palomar Rd. exit and go east to Melrose Dr. and turn south to Carrillo Way turn right and follow the signs (it's right on the corner). If your on Hwy. 78 exit on San Marcos Blvd. (it turns into Palomar Airport Rd) and turn south on Melrose Dr. and right on Carrillo Way and your there.

We will have lunch someplace (to be named later) after the tour. We hope you can make it, let me know if this fits into your plans so I can let the park know how many people we have.

See you there. Mike and Pat



We're having a party! Dust off you fancy duds and cruise up to Ramona on Saturday December 8th, 4pm. Sam and Donna have graciously volunteered to host this year. Be sure to let them know if you plan to attend. Potluck sign up sheet will be passed around at the November meeting. We will also again be having our knock down, drag out, cut throat, no holds barred holiday gift \$20 exchange. Everyone can bring your own gift or you can participate as a couple.



Bob and Ava will again be hosting an RV weekend January 18 - 21 at the Bishop Homestead in Cibola, Arizona. Saturday the 19th we will be heading to Quartzite for an entire day of Antiques and Swapmeeting. After that around 5pm (Calif. time) they will be serving a Mesquite Barbecued Tri-Tip dinner at the Ranch. If you didn't find what you were looking for on Saturday we will be going back to Quartzite on Sunday. All Tri-Five Revolutionaries are welcome to participate, if you do not have a RV, Blythe is only 30 minutes away and has some reasonable hotels. Be sure to let Ava know in advance what days you plan to attend.



1957,1958 & 1959 All Rolled Into One! This car was built by N2A motors (No Two Alike). Unbelievable! The company is planning a production run of about 100 vehicles... It sits on a Corvette C6 chassis, Front styled like a 57 Chevy, side like a 58, rear like a 59.



Hence the designation "789."



Is this a hot looking car, or What !!!



You probably need to be at least 60 years old to really appreciate this!!!









In-N-Out Burger Cruise

Saturday, November 3rd 11:00am - Poway



Next T5R Get Together

Thursday - November 15th
Coco's in Poway
come for dinner at 6:00pm
Remember No Meetings

Remember No Meetings in December

Leo Carrillo Ranch Tour

Sunday - November 25th 11:30 am contact Mike and Pat for more details



Goodguys 2nd Fall Nationals

November 23 - 25 Del Mar www.good-guys.com



T5R Christmas Party

Saturday, December 8th, 4pm Rindskopfs Home in Ramona

Pot Luck and \$20 gift exchange contact Sam & Donna if you plan to attend

Streetmaster Christmas Cruise

Sunday, December 9th Torrey Pines High



Burger Run

Saturday, January 12, 2013 Pepper Tree Frosty - Vista www.http://burgerrun.info/



T5R Cibola/Quartzite RV Camping Trip

January (18th) 19th - 20th, (21st) 2013

Quartzite shopping 19th & 20th

Bar-B-Que on Sat the 19th around 5pm - Bishop Ranch in Cibola contact Bob & Ava if you plan to attend

Big 3 Swapmeet

February 22nd - 24th, 2013

Qualcomm Stadium
T5R Potluck on
Saturday 23rd

Midnight at the Oasis

March 1st - 3rd, 2013

Yuma, Arizona T5R Caravan on Thursday Feb. 28th

Go to www.Tri-FiveRevolution.com for more details details and links





The lemon tree is known for its varieties of lemons and limes. Many professionals in restaurants and eateries are using or consuming the entire lemon and nothing is wasted. How can you use the whole lemon without waste?

Simple... place the washed lemon in the freezer section of your refrigerator. Once the lemon is frozen, get your grater, and shred the whole lemon (no need to peel it) and sprinkle it on top of your foods. Sprinkle it to your vegetable salad, ice cream, soup, cereals, noodles, spaghetti sauce, rice, sushi, fish dishes, whisky.... the list is endless.

All of the foods will unexpectedly have a wonderful taste, something that you may have never tasted before. Most likely, you only think of lemon juice and vitamin C. Not anymore. Now that you've learned this <u>lemon secret</u>, you can use lemon even in instant cup noodles.

What's the major advantage of using the whole lemon other than preventing waste and adding new taste to your dishes? Well, you see lemon peels contain as much as 5 to 10 times more vitamins than the lemon juice itself. And yes, that's what you've been wasting. It's also good that lemon peels are health rejuvenators in eradicating toxic elements in the body.

So place your washed lemon in your freezer, and then grate it on your meal every day. It is a key to make your foods tastier and you get to live healthier and longer! That's the lemon secret! Better late than never, right? The surprising benefits of lemon!

Lemon (Citrus) is a miraculous product to kill cancer cells. It is 10,000 times stronger than chemotherapy. Why do we not know about that? Because there are laboratories interested in making a synthetic version that will bring them huge profits.

You can now help a friend in need by letting him/her know that lemon juice is beneficial in preventing the disease. Its taste is pleasant and it does not produce the horrific effects of chemotherapy. How many people will die while this closely guarded secret is kept, so as not to jeopardize the beneficial multimillionaires large corporations?

You can eat the fruit in different ways: you can eat the pulp, juice press, prepare drinks, sorbets, pastries, etc... It is credited with many virtues, but the most interesting is the effect it produces on cysts and tumors.

This plant is a proven remedy against cancers of all types. Some say it is very useful in all variants of cancer. It is considered also as an anti-microbial spectrum against bacterial infections and fungi, effective against internal parasites and worms, it regulates blood pressure which is too high and an antidepressant, combats stress and nervous disorders.

The source of this information is fascinating: it comes from one of the largest drug manufacturers in the world, says that after more than 20 laboratory tests since 1970, the extracts revealed that It destroys the malignant cells in 12 cancers, including colon, breast, prostate, lung and pancreas...The compounds of this tree showed 10,000 times better than the product Adriamycin, a drug normally used chemotherapeutic in the world, slowing the growth of cancer cells.And what is even more astonishing: this type of therapy with lemon extract only destroys malignant cancer cells and it does not affect healthy cells.

So, give those lemons a good wash, freeze them and grate them. Your whole body will love you for it!!!!!

The Thanksgiving Kichen Scoop By Ann Goldberg

As car folk, most of us share an important, and common, trait. We hang on to things. The parts we may someday need. The tools a friend may need to borrow. Our stuff. I'm the same way about Thanksgiving. I need my stuff. Or, more correctly on that day, my stuffing. Though now after generations of tucking it into the cavity of the turkey like most I bake it in a separate casserole, making it technically dressing. These days cut up oranges, apples and lemons are more likely to go inside the bird.

It's nothing complicated. Just a simple sage stuffing that has stood the test of time. It doesn't include any chestnuts or oysters or sausage like some. The original recipe was taken from a Betty Crocker cookbook published from back when our tri-5's were new. It's the same stuffing I've been making since I prepared my very first Thanksgiving dinner. To me it's important. It's what Thanksgiving tastes like.

A little overwhelmed by the idea of putting a whole Thanksgiving dinner together by myself, originally I adhered faithfully to the recipe. Now I measure by eye and, after I've sautéed more chopped onion and celery than the recipe calls for in a sinful amount of butter and less salt than Betty specifies, pepper, sage and thyme I include wheat and rye stale bread cubes and add pieces of grainy baguette, bagel and whatever else I have handy, rather that the sliced white sandwich bread I used at first. This year, I think I'll include some toasted walnut pieces for added crunch and flavor. And, of course, a little chicken broth to make up for all those wonderful and flavorful turkey juices that would have come from stuffing the Thanksgiving bird!

Classic Bread Stuffing

Makes 9 cups of dressing (enough for a 12-pound turkey)

3/4 cup minced onion

- 1-1/2 cups chopped celery (stalks and leaves)
- 1 cup butter or margarine
- 9 cups soft bread cubes
- 2 teaspoons salt
- 1-1/2 teaspoons crushed sage leaves
- 1 teaspoon thyme leaves
- ½ teaspoon pepper



In large skillet, cook and stir onion and celery in butter until onion is tender. Stir in about 1/3 of the bread cubes. Turn into deep bowl. Add remaining ingredients and toss. Stuff turkey just before roasting.

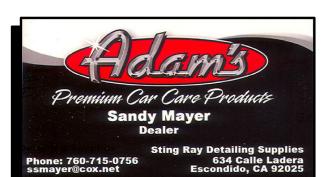
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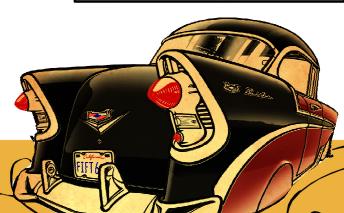




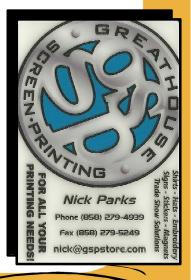


www.classicchevy.com











All members and Classic friends are welcome to submit a business card.

Contract Va At

club@tri-fiverevolution.com



Danny Gayhart November 4th



Ann Goldberg November 10th







Ron Foote November 20th



Lynn Mayer November 19th



www.Tri-FiveRevolution.com



Mike Harvey November 22nd





Ron & Annette Foote
November 7th