

'55 '56 '57

Volume III Issue 1



September 2010



Who needs a fancy expensive spring compressor when you have 6 Tri-Five Revolutionaries to do the job!

Thank you Harvey, Ann, Ron and Annette for all your help on the "Project That Shall Not Be Mentioned"



# CLASSIC CHEVY OF SAN DIEGO

## PICNIC BY THE BAY



Classic Chevys of San Diego once again outdid themselves with a fabulous show. On August 29, 408 beautiful pre '72 vehicles attended their annual event on Seaport Villages Embarcadero. This sunny summer day was perfect, not too hot with a cool breeze off the Marina.







This year we again sponsored a trophy to help support their charity "San Diego Hospice." Since we were able to pick the winner we decided it was best to sponsor "Thank God its not a Chevy" and we found the perfect car, a gorgeous fuschia 1963 Plymouth Fury owned by Benny Giangiulio of the Mopar Club. To top off this wonderful day Sam and Donna took home two awards; Best interior and Best '57 Chevy. Congratulations on this much deserved honor.





# Our 1957 Chevy Nomad

## Underside of the hood restoration

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*by Sam Rindskopf*



How should I start, should I talk about what I thought this job would entail – rough up the paint and shoot a quick coat of gloss black on it, should I talk about what it actually took – weeks of sanding, priming, and more sanding, or should I talk about all the lessons learned – sit down instead of standing bent over for hours when sanding your hood,

always make sure the cap is on tight on your HVLP spray gun before you begin spraying otherwise you will end up with drips in your paint, or should I talk about the months of time my brand new interior sat in the garage without ever seeing a car show?



If you have not figured this out yet, I am talking about the underside of our 57 Nomad hood restoration project. So you are probably thinking how hard can it be to paint the underside of a tri-five hood right? Well for me it is possible to take even the simplest task and make it difficult, which is what I did with Donna and my Nomad. Once I got the hood off the car I realized that the simple task of removing all the chrome and all the brackets was not simple,

many of the bolts were rusted and required a lot of finesse to get them out. I also realized that the hood bolts the previous owner used were metric, forcing me to chase the threads with an SAE tap.

I began sanding and the more I sanded the more rust I found. So I sanded the hood and all the brackets down to bare metal. Next I sprayed all the metal parts and the hood with gray primer. Sounds easy enough, did I mention I had a new spray gun? Well, the gun said to shoot some paint thinner through it before its first use which I did. That is the good news the bad news is that the primer was not compatible with paint thinner and went on in clumps instead of a smooth mist. This resulted in more sanding. Then as I mentioned above, part way through the painting of the gloss black I



had to stop and refill the gun, when I resumed painting, the gun dripped black paint onto the hood, the cap was not on properly, so another day and more sanding. If I ever touch a piece of wet and dry sandpaper again it will be way to soon.

Finally the painting was done and all of the chrome back on; it was time to mount the super-hot billet machined aluminum hood hinges. It took me a while (a couple of phone calls to the manufacturer, a little grinding on the front fender mounting brackets, a few iterations on the hood alignment, and help from Donna – she has the muscle to lift her half of the hood into place, great job to my favorite mechanics assistant!!) to make these hinges work. All in all this entire project took a lot more effort that I had anticipated but was well worth it knowing that all the rust is gone!!!



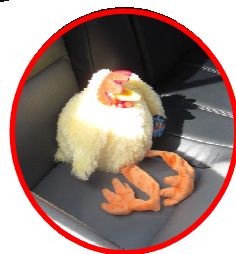


# From Teching to Cruising

August 25th



On what was probably one of the hottest days of the year, and after a long day working on the "PTSNBM", Tri-5 Revolutionaries cruised to downtown El Cajon for a lovely meal and a fun time. Of course the best part was when Sam and Donna won a Best Top Ten Award. The CSA (Chicken Sitting Award) was proudly displayed in the backseat.





# Claudia's Corner

Here is another installment of Dr. Bonnel's,  
" **Helpful Home Hints**" **The Cucumber**

1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
2. **Feeling tired in the afternoon**, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B Vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.
3. **Tired of your bathroom mirror fogging up after a shower?** Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.
4. **Are grubs and slugs ruining your planting beds?** Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.
5. **Looking for a fast and easy way to remove cellulite before going out or to the pool?** Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!
6. **Want to avoid a hangover or terrible headache?** Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!
7. **Looking to fight off that afternoon or evening snacking binge?** Cucumbers have been used for centuries and often used by European trappers, traders and explores for quick meals to thwart off starvation.
8. **Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes?** Rub a freshly cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.
9. **Out of WD 40 and need to fix a squeaky hinge?** Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!
10. **Stressed out and don't have time for massage, facial or visit to the spa?** Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown the reduce stress in new mothers and college students during final exams.
11. **Just finish a business lunch and realize you don't have gum or mints?** Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.
12. **Looking for a 'green' way to clean your faucets, sinks or stainless steel?** Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.
13. **Using a pen and made a mistake?** Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!





# Tri-Five Revolution

## News, Updates and Events



Get Well Wishes to T5R member Wayne Hartwig who had surgery last month. We wish him all the best and a speedy recovery.

**September 27 -  
October 1, 2010**

Visit our website  
[www.Tri-FiveRevolution.com](http://www.Tri-FiveRevolution.com) for  
the links to the Registration Form,  
Event Itinerary and Flyer.



### Canyon Park Cruise for a Cure Breast Cancer Car Show

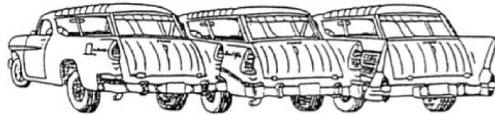
October 3, 2010

Featherly Park/Canyon RV

Park - Anaheim, Ca

<http://www.californianomads.com/>

*California Nomads*



### 3rd Annual Alpine Shine & Show Car Show Happening and Kiwanis Chili Cook Off

October 9, 2010

Alpine Community Center

pre-reg. by Oct 4th \$25

members contact Ava for a flyer



Thank you Sam and Donna for hosting the August get together/meeting. The Salmon and Tri-Tip dinner was fabulous.



Condolences to Jerry Mull and all the members of L.A. Classic Chevys. On June 9th Jerry's dear wife passed away from ALL Leukemia. Janet was a lovely lady who had a tough 18 month battle. She will truly be missed by the Classic Chevy Community. Visit Janet's website <http://www.caringbridge.org/visit/janetmull>





# Upcoming Events

- 9/6 Labor Day**  
**9/6 SD Auto Swapmeet - Qualcomm**  
 9/12 Long Beach Swapmeet  
 9/18 Motorhead Madness - Poway  
 9/19 Credit Union Car Show - San Diego  
 9/19 Los Angeles All Chevy Show - Woodley Park  
**9/20 Happy 2nd Birthday all T5Revolutionaries**  
 9/25 Cruisin for the Cure - Orange County Fairgrounds  
 2/25 Motorcycle & Car Show - Viejas  
 9/25-26 Coronado Speed Festival Annual Car Show  
**9/27-10/1 CCI Western National Convention Flagstaff**  
 10/2 Run to the Ranch II - Lakeside to Ramona  
 10/2 El Cap High Car & Cycle Show - Lakeside  
**10/3 Canyon Park Cruise for a Cure - Goldberg**  
**10/9 Alpine Shine & Show**  
 10/9 Santee Car Show & Festival - Santee  
 10/10 Long Beach Swapmeet  
 10/10 Fall Festival & Car Show - Vista  
 10/10 5th Ave. auto Showcase - Gaslamp Quarter  
 10/17 Pomona Swap Meet  
**11/7 Daylight Savings Time ends**  
 11/7 Long Beach Swapmeet  
**11/11 Veterans Day**  
 11/13 Surf City Beach Cruise - Huntington Beach  
 11/14 Pal Joeys World Famous Car Show - Allied Gardens  
**11/25 Thanksgiving**  
 11/28 Long Beach Swapmeet  
 12/5 Pomona Swap Meet  
 12/12 Long Beach Swapmeet  
 12/25 Christmas  
**2011 Happy New Year**  
**1/1 T5R New Years Day Cruise TBA**

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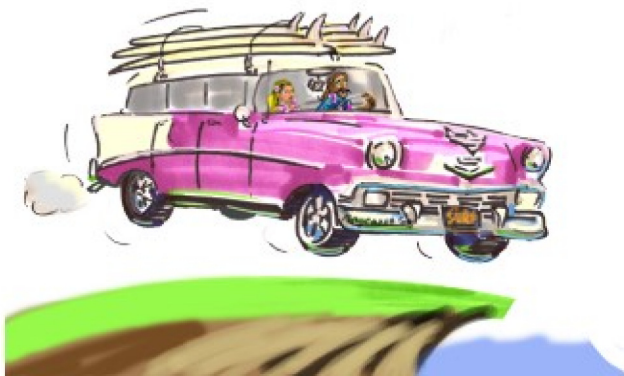


**Guide Dogs**  
FOR THE BLIND

www.guidedogs.com



www.classicchevy.com



Red Font is a club attending event

Green Font is a club supported event

Visit our website at: <http://www.tri-fiverevolution.com>

for more information, details and links to their sites.

(if multiple events fall on the same day, click on the # next to the magnifying glass to see the listing of all events)

All members and Classic friends are welcome  
to submit a business card



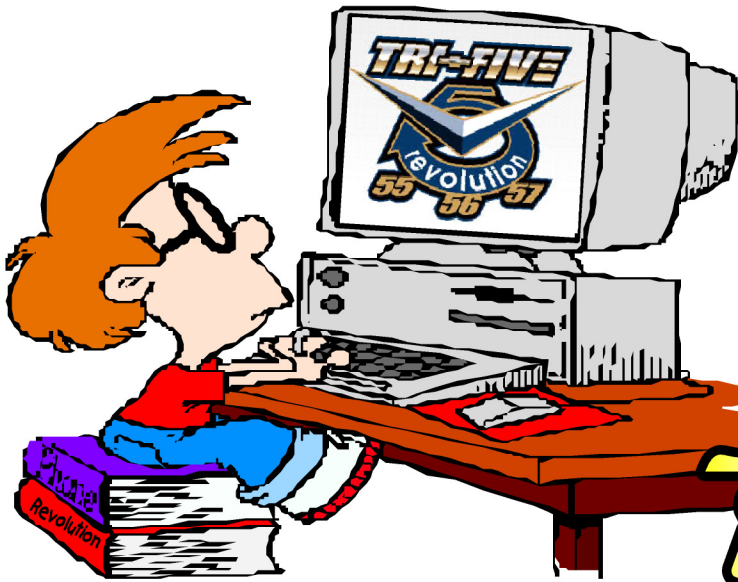


# Tri-Five Online

## Contact Us At



[club@tri-fiverevolution.com](mailto:club@tri-fiverevolution.com)



[www.Tri-FiveRevolution.com](http://www.Tri-FiveRevolution.com)

Go to the calendar to check out upcoming events, gallery, member status, notes and past event pictures (click on the # next to the magnifying glass to see everything that occurs on that date)

## September Birthdays



Liz Brown 9/7



Bob Bishop 9/14

Happy 2nd Birthday  
Tri-Five Revolution  
9/20



## NEW & LATEST



Newsletter submissions

due by the

25th of each month

Send articles to

Ava Bishop at

[ava@tri-fiverevolution.com](mailto:ava@tri-fiverevolution.com)

## Anniversary



Tom & Nancy Geiman 9/20